



Rewrite Your Life Questionnaire

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| YES | NO | Am I living a life based on my own desires? |
| YES | NO | Is there a gap between my current life and the life of my dreams? |
| YES | NO | Am I joyful most of the time? |
| YES | NO | Do I have a clear vision of my strongest interests, skills and principles? |
| YES | NO | Am I at peace or anxious when I think about my future? |
| YES | NO | Are all of my needs met? |
| YES | NO | Am I connected to something greater than myself? |
| YES | NO | Do I look forward to each new day? |
| YES | NO | Am I working toward goals that are sure to bring me happiness? |
| YES | NO | Am I excited about the direction of my life and career? |
| YES | NO | Does my life gratify me? |
| YES | NO | Am I at great peace? |
| YES | NO | If I died tomorrow, would I be at peace with who I was, my achievements, and my relationships? |
| YES | NO | At the end of my time, will I be happy with how I spent my life? |

If you answered **No** to one or more of the above questions, you may improve the direction of your life through coaching.

Now, reread the questions. Imagine how your life would change if you could answer Yes to all of them. If you're ready to change your life's direction, let's get started!

[Click here for your complimentary, 30-minute session!](#)